

HALF Marathon Running Clinic



ONLY \$85

The Half Marathon Running Clinic is a 16-week program, starting Thursday, February 1, 2024. Participants will meet Thursdays at 6:00 PM at the Barrington Street Atlantic Superstore Community Room and Saturdays at 9:00AM at a predetermined location.



Have you built a running foundation and are ready to conquer a new distance?

Welcome to the **Half Marathon Running Clinic!** We are excited to join you on your running journey and help support you through your Half Marathon training.

Your Half Marathon Clinic will include:

- Two coaches
- Pacers
- 16 weeks of training, twice a week
- 50% off your Medavie Half Marathon Registration
- Blue Nose branded swag item
- 16 sessions where you will learn all things long-distance running
- The unforgettable feeling of crossing the finish line
- And so much more!

Space is limited, so sign up today!
bluenosemarathon.com/clinics



MEDAVIE
HALF MARATHON



What are you waiting for? Take a step today for a healthy tomorrow and sign up! Got questions? Call Kelly at 902.496.1889 or email kelly@bluenosemarathon.com